

South Region Grandparents & Caregivers Networking Group

Tuesday, June 16, 2015

4:00 p.m. - 5:30 p.m.

Lincoln Acres Branch Library
Community Room

2725 Granger Ave.
National City, CA 91950



*****This group meets the third Tuesday of every month*****

Who Should Attend?

**ARE YOU RAISING THE CHILDREN OF YOUR
FAMILY MEMBERS?**

(I.E. GRANDCHILD, NIECE, NEPHEW)

**WOULD YOU LIKE TO CONNECT WITH & SUPPORT OTHER
INDIVIDUALS IN THE SAME SITUATION AS YOURSELF?**

**How can you help someone in the same situation as you?
How can that person help you?**

**Come to this meeting and talk with people in similar
situations as yourself. Learn from each other, and work
together to identify resources that may be important to you.
As a group, consider inviting speakers, organizing clothes
swaps or even taking turns providing respite. Children are
welcome, but no formal child care provided.**

RSVP REQUIRED

**Please RSVP to Mary Lonsdale (619) 372-3235
or Connie Ruffier (619) 419-6506**

**This is a caregiver networking group that is run by the caregivers.
The County of San Diego Health and Human Services Agency, South Region,
provides support.**

