

# GRAMPERING



## Grandparents Raising Grandchildren Event

**Saturday, July 14 • 2 – 6 p.m.**

Calling all grandparents raising grandchildren & relative caregivers – you are invited to the Lakeside Community Center for some pampering! We have planned fun activities for kids while Parks and Rec staff lead caregivers through mindful activities such as yoga, tai chi, haircuts and massages, followed by a special Summer Movies in the Park showing of Coco (Pre-games starting at 6 p.m. in Lindo Lake Park). Wear comfortable clothing, shoes and sunscreen. Plan on spending an afternoon that you'll laugh about and remember for years to come!

**Free dinner and snacks included!**

**RSVP to Lakeside Community Center by June 29, 2018**



**Lakeside Community Center**  
9841 Vine St., Lakeside, CA 92040  
619.443.9176 • [sdparks.org](http://sdparks.org)