South Region Grandparents & Caregivers Networking Group

Tuesday, June 16, 2015
4:00 p.m. - 5:30 p.m.
Lincoln Acres Branch Library
Community Room
2725 Granger Ave.
National City, CA 91950

*****This group meets the third Tuesday of every month*****

Who Should Attend?

ARE YOU RAISING THE CHILDREN OF YOUR FAMILY MEMBERS?
(I.E. GRANDCHILD, NIECE, NEPHEW)
WOULD YOU LIKE TO CONNECT WITH & SUPPORT OTHER INDIVIDUALS IN THE SAME SITUATION AS YOURSELF?

How can you help someone in the same situation as you?
How can that person help you?
Come to this meeting and talk with people in similar situations as yourself. Learn from each other, and work together to identify resources that may be important to you. As a group, consider inviting speakers, organizing clothes swaps or even taking turns providing respite. Children are welcome, but no formal child care provided.

RSVP REQUIRED
Please RSVP to Mary Lonsdale (619) 372-3235
or Connie Ruffier (619) 419-6506

This is a caregiver networking group that is run by the caregivers. The County of San Diego Health and Human Services Agency, South Region, provides support.