

Below you will find a list of agencies and/or departments you may receive inquiries about.

Important Phone Numbers:

Agency/Department	Phone Number
ACCESS Customer Service Call Center	1-866-262-9881
ACCESS TDD (hearing impaired):	1-619-589-4459
Access & Crisis Line for Behavioral Health	1-888-724-7240
Appeals (State Hearing)	1-800-925-5253
CA Department of Health Care Services for unresolved complaints	1-888-452-8609
California Children Services	1-619-528-4000
Child Protective Services	1-800-344-6000
Child Support	1-866-901-3212
Consumer Health for Health Education & Advocacy (CCHEA)	1-877-734-3258
County Medical Services (CMS)	1-800-587-8118
County Mental Health	1-800-479-3339
Covered California	1-800-300-1506
Denti-Cal	1-800-322-6384
EBT Customer Service Center	1-877-328-9677
EDD State Disability	1-800-480-3287
Foster Care	858-616-5800
FRC Reschedule Line	1-833-246-6948
Housing Wait List (HCV – Section 8)	1-858-694-4801
In Home Supportive Services (IHSS)	1-800-510-2020
In Home Supportive Services (IHSS) for Caregiver Applications	1-866-351-7722
Healthy San Diego (HSD) Information Line & Complaints	1-619-515-6584
Lifeline	1-866-272-0349
Medi-Cal Billing	1-800-541-5555
Medi-Cal for Families	1-800-880-5305
Medicare	1-800-633-4227
Public Assistance Fraud	1-800-421-2252
Revenue & Recovery	1-619-515-6200
SNAP Retailer Service Center	1-877-823-4369
Social Security Administration	1-800-772-1213
State Department of Managed Health Care	1-888-HMO-2219
Treatment Authorization Request (TAR)	1-888-724-7302
Unemployment/UIB	1-800-300-5616

Only the following FRC’s process General Relief (GR) applications:

- El Cajon
- Chula Vista
- Metro
- Escondido
- Oceanside

HEALTH CARE OPTIONS (HCO):

LANGUAGE	PHONE NUMBER
ENGLISH	1-800-430-4263
SPANISH	1-800-430-3003
ARMENIAN	1-800-840-5032
CAMBODIAN	1-800-430-5005
CANTONESE	1-800-430-6006
FARSI	1-800-840-5034
HMONG	1-800-430-2022
LAO	1-800-430-4091
RUSSIAN	1-800-430-7007
VIETNAMESE	1-800-430-8008
TTD (HERING IMPAIRED)	1-800-430-7077

HEALTH CARE OPTIONS (HCO) BY LOCATION:

FRC LOCATION	PHONE NUMBER
CENTRE CITY	619-237-8506
EL CAJON	619-401-6184
LEMON GROVE	619-668-3784
NORTH CENTRAL/KEARNEY MESA	858-573-7341
NORTH COASTAL/OCEANSIDE	760-754-5860
NORTH INLAND/ESCONDIDO	760-740-4069
NORTH EAST	619-337-6214
CHULA VISTA/SOUTH BAY	619-409-3296
SOUTH EAST	619-266-3963
NATIONAL CITY	619-731-3235

Disbursement of funds: The last digit of case number determines the day benefits are deposited. Funds are automatically deposited, regardless of what day of the week the calendar day falls on.

CalFresh	CalWorks/GR
1 - 1st Calendar Day	1,2, or 3 - 1st Calendar Day
2 - 2nd Calendar Day	4,5,6, or 7 - 2nd Calendar Day
3 - 3rd Calendar Day	8, 9, or 0 - 3rd Calendar Day
4 - 4th Calendar Day	
5 - 5th Calendar Day	
6 - 6th Calendar Day	
7 - 7th Calendar Day	
8 - 8th Calendar Day	
9 - 9th Calendar Day	
0 - 10th Calendar Day	