Food Assistance Need Trends

- March 2020: Food assistance is at 5 to 10 times the usual demand; 1 in 4 clients need food assistance, with the greatest need for emergency food assistance.
- April 2020: 1 in 6 clients need food assistance. CalFresh application assistance doubles. Grocery and meal delivery rise to top food needs.
- May 2020: 1 in 9 clients need food assistance. The need for locations accepting EBT cards sharply increases with start of the CalFresh Pandemic EBT program.
- June 2020: 1 in 12 clients need food assistance; demand for CalFresh application assistance returns to pre-COVID-19 rates.
- July 2020: 1 in 14 clients need food assistance.
- August 2020: Food assistance needs remain relatively low; however, CalFresh application assistance need steadily rises.
- September 2020: 1 in 12 clients need food assistance.
- October 2020: The need for emergency food assistance begins to rise again to the highest levels since May.
- November 2020: 1 in 10 clients need food assistance.
- Between March 13 and December 3, 2020, 211 submitted nearly 16,000 CalFresh applications for San Diego clients, 26% more than the same time period in 2019.

Note: Food assistance needs represent referrals to food assistance resources, and do not include ongoing food support for clients already connected to resources. The gradual decline in food assistance needs since the start of the pandemic can be partly attributed to clients already knowing where to go for assistance.

Food Assistance Needs Pre-COVID-19
March 15, 2019 - March 12, 2020

- Ongoing Emergency Food Assistance: 61%
- Commodity Supplemental Food Program: 11%
- Occasional Emergency Food Assistance: 7%
- Soup Kitchens: 6%
- Home Delivered Meals: 2%

Food Assistance Needs Post-COVID-19
March 13, 2020 - December 3, 2020

- Ongoing Emergency Food Assistance: 59%
- Grocery Ordering/Delivery: 8%
- Home Delivered Meals: 7%
- Commodity Supplemental Food Program: 6%
- Markets/Restaurants Accepting EBT Cards: 5%
Food Assistance Needs

Highest need areas (darkest color) represent the top 10 zip codes with the highest prevalence of clients having identified needs in each category. Medium need areas (medium to light color) represent the top 20 and 30 zip codes. Lower need areas (lightest color) represent all other zip codes with at least 5 identified needs.

Source: 2-1-1 San Diego/Community Information Exchange Information Systems | Data last refreshed: December 10, 2020 at 11:59 PM | Report Published: December 11, 2020