

## Healthcare

Medical and dental services

### Vista Community Clinic

General Medicine & Dental Services  
(844) 308-5003; *Multiple locations*  
4700 N River Rd., Oceanside 92057  
1000 Vale Terrace Dr., Vista 92084  
General Medicine Only:  
818 Pier View Way, Oceanside 92054  
134 Grapevine Rd., Vista 92083

### North Coastal Public Health Center

1701 Mission Ave. #210, Oceanside 92058  
(760) 967-4401  
*Immunizations, STI screenings, Narcan*

### University of California San Diego Health

Primary Care Services  
(800) 926-8273; *two locations*  
1505 Encinitas Blvd., Encinitas 92024  
910 Sycamore Ave. #270, Vista 92081  
*Immunizations, STI screenings*

*Medi-Cal recipients can enroll in CalAIM to receive Enhanced Care Management for medical care coordination and Community Supports for housing navigation. Contact your Medi-Cal managed care plan's Member Services to enroll.*

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## Mental Health / Substance Use

Crisis and recovery support

### Optum

San Diego Access & Crisis Line  
(888) 724-7240  
*24-hour behavioral health crisis support line*

### North County LGBTQ Resource Center

Mental Health Assessment & Referrals  
1919 Apple St., Oceanside 92054  
(760) 994-1690  
*Inclusive, trauma-informed counseling*

### Alpha Project for the Homeless

Casa Raphael  
993 Postal Way, Vista 92083  
(760) 630-9922  
*Residential substance use treatment*

### MHS Vista Wellness Recovery Center

Adult Urgent Walk-In Services  
550 W Vista Way #407, Vista 92083  
(760) 758-1092  
*Walk-in mental health outpatient treatment*

### Mental Health Systems

North Coastal Mental Health Clinic  
1701 Mission Ave. #230, Oceanside 92058  
(760) 712-3535  
*Counseling, therapy, case management*

## Mental Health / Substance Use

Crisis and recovery support

### Optum

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(888) 724-7240  
*24-hour behavioral health crisis support line*

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## Legal Services

Legal support and ID services

### Homeless Court

(619) 717-6101, *TEXT* for more information  
*Resolve fines, minor misdemeanors & warrants*

### Think Dignity

Legal Services (619) 940-7659  
*Legal aid & advocacy support*  
ID Bank (619) 537-8736  
*Help obtaining birth certificates & IDs*

## Employment

Job search assistance

### Goodwill Industries of San Diego, Oceanside

414 N Coast Hwy., Oceanside 92054  
(760) 722-8582

## Veterans

Support for veterans

### VA Homeless Outreach Clinic (CES)

1300 Rancho Del Oro Rd, Oceanside 92056  
(760) 642-2000  
*Housing case management*

### National Call Center for Homeless Veterans

(877) 424-3838  
*Confidential, 24 hours a day*

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# Resource Guide North Coastal Region San Diego County 2026



This guide lists selected resources for individuals and families experiencing homelessness.

Information is updated regularly, and more services may be available. For current availability or additional resources, visit [211sandiego.org](https://211sandiego.org) or call 2-1-1 anytime. Translation services available.

Esta guía incluye una lista seleccionada de recursos para personas y familias que experimentan falta de vivienda.

La información se actualiza regularmente y puede haber más servicios disponibles. Para verificar la disponibilidad actual y obtener recursos adicionales, visite [211sandiego.org](https://211sandiego.org) o llame al 2-1-1 en cualquier momento. Servicios de traducción están disponibles.

*Last Updated: December 2025*

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## Shelter

*Access pathways to shelter*

*Coordinated Entry Access Sites (CES)*

*Connect to shelter & supportive resources:*

**Interfaith Community Services (CES)**

5731 Palmer Way Ste. A, Carlsbad 92010  
(760) 448-5696

**YMCA of San Diego County (CES)**

Youth and Family Services  
205 Barnes St., Oceanside 92054  
(760) 908-9647

*Individuals ages 18–24*

**Catholic Charities Diocese of San Diego**

La Posada de Guadalupe  
2478 Impala Dr., Carlsbad 92010  
(760) 929-2322; *call for appointment*  
*Men's shelter, sober facility*

**Operation Hope North County, Vista**

(760) 536-3880; *Call for intake*  
*Women's shelter & families with children*

**Interfaith Shelter Network (ISN)**

Rotational Shelter Program  
(619) 702-5399; *Call for intake*  
*Winter shelter for situational homelessness*

**Dreams for Change**

Safe Parking Program Oceanside  
(619) 497-0236; *Call for intake*  
*For those living in their vehicle*

## Drop-in Centers & Hygiene

*Supportive services, clothing & showers*

**Brother Benno's Center**

3260 Production Ave., Oceanside 92058  
(760) 439-1244  
*Drop-in center, meals, clothing, showers*

**Lived Experiences, Loads of Dignity**

Fr. Raymond Moore Hall  
3256 Madison St., Carlsbad 92008  
(442) 266-2083  
*Laundry services on Tuesdays*

**Showers of Blessings**

*Meals, showers, clothing, laundry cards*  
(760) 845-2197

St. Andrew's Episcopal Church

890 Balour Dr., Encinitas 92024  
*Saturdays*

Father Raymond Moore Hall  
3256 Madison St., Carlsbad 92008  
*Tuesdays*

**Lifeline Community Services**

LifeSpring Drop-in Center, Vista  
(760) 842-6285; *Call for address*  
*Individuals age 16-27*

## Meals

*Call for current availability*

**Helping Hands**

St Peter's Episcopal Church  
334 14th St., Del Mar 92014  
(858) 755-1616  
*Sack lunches, clothing & hygiene items*

**Community Resource Center**

(760) 300-3238  
650 2nd St., Encinitas 92024  
*Daily ready-to-eat items, enroll onsite*

*Community meals for older adults 60 & up:*

**Vista Senior Center**

1400 Vale Terrace Dr., Vista 92084  
(760) 643-5288

**Serving Seniors**

Oceanside Senior Center  
(619) 235-6572  
455 Country Club Ln., Oceanside 92054

**The Salvation Army**

Club 60 Oceanside  
3935 Lake Blvd., Oceanside 92056  
(760) 631-8212

## Food Pantries / Diapers

*Call for current schedule*

**Salvation Army Oceanside**

3935 Lake Blvd., Oceanside 92056  
(760) 631-8212  
*Monday, Wednesday; ID required*

**Faith Lutheran Church**

700 E Bobier Dr., Vista 92084  
(760) 724-7700  
*2nd & 4th Monday*

**Gleaning Field Foundation**

2220 Watson Wy., Vista 92083  
(760) 599-4282  
*Available to older adults age 50+*

**St. John the Evangelist Catholic Parish**

1001 Encinitas Blvd., Encinitas 92024  
(760) 753-6254  
*Mondays, located in the upper lot*

**Ministerio Tiempo Nuevo**

885 E Vista Wy., Vista 92084  
(866) 350-3663  
*Wednesdays*

**Venture Church**

777 Santa Fe Dr., Encinitas 92024  
(760) 452-0893  
*Wednesdays; food & diapers*

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