

Healthcare

Medical and dental services

Neighborhood Healthcare

Gold Family Health Center
13010 Poway Rd., Poway 92064
(858) 218-3000

Indian Health Council

Rincon Clinic
50100 Golsh Rd., Valley Center 92082
(760) 749-1410
Medical & dental services

DAP Health

Centro Medico, Escondido
1121 E Washington Ave., Escondido 92025
(760) 871-0606
Primary care, mental health counseling

Community Health Systems

Fallbrook Family Health Center
128 S Mission Rd., Fallbrook 92028
(760) 451-4720, Medical Care
(760) 451-4730, Dental Care

Medi-Cal recipients can enroll in CalAIM to receive Enhanced Care Management for medical care coordination and Community Supports for housing navigation. Contact your Medi-Cal managed care plan's Member Services to enroll.

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Mental Health / Substance Use

Crisis and recovery support

Optum

San Diego Access & Crisis Line
(888) 724-7240
24-hour behavioral health crisis support line

McAlister Institute for Treatment & Education

North Inland Regional Recovery Center
200 E Washington Ave. #100, Escondido 92025
(760) 741-7708
Mental health & substance use treatment

Mental Health Systems

North Inland Mental Health Center
125 W Mission Ave. #103, Escondido 92025
(760) 747-3424
Counseling, therapy, case management

We See You San Diego

Detox & Recovery Sponsorship
725 N Escondido Blvd., Escondido 92025
(619) 643-8153
Inpatient medical detox & recovery

Interfaith Community Services

Recovery & Wellness Residential Treatment
Escondido, call for location
(760) 489-6380 Ext 193
Substance use disorder residential treatment

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Legal Services

Legal support and ID services

Homeless Court

(619) 717-6101, [TEXT](#) for more information
Resolve fines, minor misdemeanors & warrants

Think Dignity

Legal Services (619) 940-7659
Legal aid & advocacy support

ID Bank (619) 537-8736
Help obtaining birth certificates & IDs

Employment

Job search assistance

Goodwill Employment Center, Escondido

315 W Washington Ave., Escondido 92025
(760) 739-0600

Veterans

Support for veterans

San Marcos Vet Center, Dept Vet Affairs

1 Civic Center Dr. #150, San Marcos 92069
(858) 898-6050

National Call Center for Homeless Veterans

(877) 424-3838
Confidential, 24 hours a day

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Resource Guide North Inland Region San Diego County 2026



This guide lists selected resources for individuals and families experiencing homelessness.

Information is updated regularly, and more services may be available. For current availability or additional resources, visit 211sandiego.org or call 2-1-1 anytime. Translation services available.

Esta guía incluye una lista seleccionada de recursos para personas y familias que experimentan falta de vivienda.

La información se actualiza regularmente y puede haber más servicios disponibles. Para verificar la disponibilidad actual y obtener recursos adicionales, visite 211sandiego.org o llame al 2-1-1 en cualquier momento. Servicios de traducción están disponibles.

Last Updated: December 2025

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Last Updated: December 2025

Shelter

Access pathways to shelter

*Coordinated Entry Access Sites (CES)
Connect to shelter & supportive resources:*

YMCA of San Diego County (CES)

Youth and Family Services
150 La Terraza Blvd., Escondido 92025
(760) 908-9373
Individuals ages 18–24

Center for Community Solutions

Hidden Valley House, Escondido
(760) 480-0055; *Call for location*
Adults/children experiencing domestic violence

Interfaith Community Services

550 W Washington Ave., Escondido 92025
(760) 489-6380
Provides referrals for family shelter

*Seasonal winter shelter for those experiencing
situational homelessness; call for intake:*

Interfaith Shelter Network (ISN)

Rotational Shelter Program
(619) 702-5399

Drop-in Centers & Hygiene

Supportive services, clothing & showers

The Salvation Army Escondido Corps

Family Services
1301 Las Villas Wy., Escondido 92026
(760) 745-8616
Food, hygiene, resources and referrals

YMCA of San Diego County

T.A.Y. Drop-in Center
150 La Terraza Blvd., Escondido 92025
(760) 908-9373
Available to individuals ages 14–25

Interfaith Community Services

Basic Needs Walk-in Services
550 W Washington Ave., Escondido 92025
(760) 489-6380
Showers, laundry, clothing vouchers, food

Meals

Call for current availability

Interfaith Community Services

550 W Washington Ave., Escondido 92025
(760) 489-6380
Breakfast 7 days a week

Community meals for older adults 60+:

Fallbrook Senior Center

399 Heald Ln., Fallbrook 92028
(760) 728-4498

Ramona Senior Center

434 Aqua Ln., Ramona 92065
(760) 789-0440

Ed Brown Senior Center

18402 W Bernardo Dr., San Diego 92127
(619) 235-6572

Senior Nutrition Center, Escondido

210 Park Ave., Escondido 92025
(760) 839-4688

Food Pantries / Diapers

Call for current schedule

Our Lady of Mt. Carmel Church

13541 Stoney Creek Rd., San Diego 92129
(858) 324-0490
Every 3rd Saturday

Borrego Springs Mobile Pantry

587 Palm Canyon Dr., Borrego Spgs 92004
(619) 948-5900
1st and 3rd Tuesdays

Pauma Mobile Pantry

16650 Highway 76, Pauma Valley 92061
(858) 452-3663
1st and 3rd Tuesdays

Bonsall Mobile Pantry

4980 Sweetgrass Ln., Bonsall 92003
(858) 452-3663
2nd and 4th Fridays

Mountain Manna

Community United Methodist
2898 Hwy 79, Julian 92036
(760) 765-0114

Every 4th Saturday

Jacobs and Cushman, Diaper Distribution

Shaback Resource Center
272 E Via Rancho Pkwy. #157, Escondido 92025
(619) 519-9090
Monday-Saturday; Diapers only

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